

Proclamation

by

Steven M. Beshear
Governor

of the

Commonwealth of Kentucky



To All To Whom These Presents Shall Come:

WHEREAS, Kentucky's elderly population will nearly double between the years 2010 and 2030; and

WHEREAS, Roughly one-third of Kentucky seniors over sixty-five fall each year, resulting in nearly 33,000 hospital visits for fall-related injuries; and

WHEREAS, Causes of falls include lack of lower extremity strength, reaction to medications, reduced vision, chronic health problems such as diabetes and osteoporosis, and unsafe home conditions; and

WHEREAS, The Centers for Disease Control and Prevention (CDC) reports that falls are the leading cause of injury deaths and of hospital admissions for trauma and non-fatal injuries among older adults; and

WHEREAS, Evidence-based programs show promise in reducing falls, preventing community health problems, and facilitating cost-effective interventions; and

WHEREAS, Older adults value their independence and injuries from a fall can significantly limit their ability to remain self-sufficient;

NOW, THEREFORE, I, STEVEN L. BESHEAR, Governor of the Commonwealth of Kentucky, do hereby proclaim September 23, 2011, as

FALLS PREVENTION AWARENESS DAY

in Kentucky, and urge all Kentuckians to encourage the prevention of falls among older adults.



DONE AT THE CAPITOL, in the City of Frankfort
this 21st day of September, in the year of Our
Lord Two Thousand Eleven and in the 220th year
of the Commonwealth.

Steven M. Beshear

STEVEN L. BESHEAR
GOVERNOR

Elaine N. Walker

Elaine N. Walker
Secretary of State